



**aEEG (Ambulatory Electroencephalogram)**

An **electroencephalogram (EEG)** is a test that detects electrical activity in your brain using small, metal discs (electrodes) attached to your scalp. Your brain cells communicate via electrical impulses and are active all the time, even when you're asleep. **Ambulatory EEGs (aEEGs)** allow for longer monitoring. This test records brain activity over 72-96 hours, which increases the chances of catching abnormal brain activity.

- The appointment for your aEEG will be for an hour and a half (90 minutes).
- The equipment will be worn for 3 days and cannot be taken off unless you are in the office.
- Clean, washed, dry hair is required.
- Do not use any hair products such as hairspray, gels, oils, or leave-in products.
- It is a must that you wear a button up shirt to make changing easier.
- We recommend you bring a loose fitting hat to wear over the electrodes.
- Take your regular medication prescribed by your doctor, unless told otherwise.
- You will not be able to shower while wearing the equipment, only sponge baths allowed.
- When the test is complete, paste will be leftover in your hair. This can easily be washed out with warm water and shampoo and/or regular soap..
- Once the test is complete, the results will be given at a follow up appointment.
- If you have any other further questions, please call our office at (520) 638-5757.

*If you cancel your appointment with less than 24 hours notice or do not show up for your appointment, there is a **\$500 fee**, regardless of insurance. Appointments can only be rescheduled due to severe illness.*

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I understand what is expected of me in preparation for and during the aEEG test.

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Patient Name

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Date

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Patient Signature