

rEEG Appointment Reminder

What to expect and how to prepare for your test

Before your test:

The night prior to the exam, we ask that you either wake up two-hours earlier than usual, or go to bed two hours later than usual. This is important to monitor brain waves during a drowsy state.

Take your regularly prescribed medications as per usual, unless otherwise directed by your doctor.

Your hair must be clean (washed and completely dry) by the time of your exam; please do not use any hair products on the day of your appointment (e.g. no hairspray, styling gel, or oil)

During your test:

Your appointment will be 45 minutes long – after the device is set up, there will be two stages of testing: a segment where you will be exposed to strobing lights, and a segment where you will rest in a quiet room.

Due to the nature of the test, the technician will have to muss your hair so that the equipment can touch your scalp. As such, you may want to bring a hairbrush or a hat in order to fix your hair after the exam.

Only the patient will be allowed into the testing room for this procedure – visitors will be invited to wait in our waiting room until the completion of the exam.

Post-test follow-up:

Once the test is complete, results will be given in 1-2 weeks during a follow-up appointment.

Before you leave, check with the front desk to ensure that you are scheduled for a rEEG Results follow-up.

If you have any additional questions, please reach out to our technician at (520) 638-5757 Ext. 105. If the technician does not answer, leave a message with your question and she will get back to you as soon as possible.